

## Anchor Danly Awarded

On a global basis, Anchor Danly manufactures die sets and tooling components for the metal-working and plastics injection mold industries and medium to complex Fabrications for Customers in a wide array of industries. Working with our Customers, our team is driven to be constantly improving the speed, accuracy & reliability of our core products and to find innovative solutions, which enable the success of our Customers.

As an organization we encourage all of our employees and their families to live a healthy lifestyle and have created the Employee Health and Wellness Program to promote positive life style changes that lead to improved well-being.

Working collaboratively with our Local Wellness Committees at each location the Corporate Wellness Program supports initiatives and activities, which positively impact health and well-being. A few specific examples include –

Prevention Programs; Smoking Cessation; Employee Assistance Program; Periodic Health Screenings; Active Living; Corporate Weight Loss Challenge (currently underway); a Corporate Step Challenge. Anchor Danly's first Corporate Wellness Step Challenge concluded in July 2011. The challenge had 166 participants who collectively walked enough steps to equal approximately 50,000 miles - that's twice around the world!

A number of Anchor Danly sponsored events have included annual testing for hearing conservation program; on sight annual flu clinic; weekly healthy lunch draw sponsored by Anchor Danly's Social Committee.

We realize that Wellness is more than just dieting or working out at a gym - it's taking control of the challenges that hinder our physical and mental health; it's learning about the good habits that promote health, and adopting them into our daily routine; it's also about minimizing the damage from the negative factors that shorten and diminish our lives.

Our LiveWell Mission Statement is *"To promote and encourage the overall health of our employees and their families through wellness education, communication and empowerment that results in improved well-being."*

Anchor Danly embraces our Wellness Program which would not be viable if not for the corporate support from our President & CEO, Leadership Council, Corporate Wellness Chair, Senior Vice President NADS & CFO, and our Windsor Wellness Team– a big thank you to them all for their hard work and dedication.

Anchor Danly is proud to be the recipient of a **Bronze Level 3 Working Toward Wellness (WTW) Healthy Workplace Award**. Anchor Danly corporately supports our Wellness Program; a very important initiative because it promotes the well-being of our number one asset – our employees.

For more information on how to develop and implement a wellness program in your workplace or to find out more about the WTW Healthy Workplace Awards process, contact the Windsor-Essex County Health Unit at (519) 258-2146 ext. 3100.

October 26, 2011